

## List of All Virtual Meetings 2-28-2025



As many meetings are virtual, the venue is less important for today.

**Just email the Virtual Meeting host for the connection details.**

### SUNDAY:

**Freehold Sunday Morning 11a** ( for Virtual Meeting info, contact [FreeholdSunday@gmail.com](mailto:FreeholdSunday@gmail.com)  
Newcomers Are Always Welcome

**Hamilton Sunday Morning 11a** ( for Virtual Meeting info, contact [drids@aol.com](mailto:drids@aol.com) )

**Hackettstown Sunday Night 6:30p** ( for Virtual Meeting info, contact [robL@icloud.com](mailto:robL@icloud.com) )

### MONDAY:

**Manahawkin Monday Night 7:15p** ( for Virtual Meeting Info [annie.machotka@gmail.com](mailto:annie.machotka@gmail.com) )

**Matawan Monday Morning 11a** ( Virtual Contact [roxieh33@gmail.com](mailto:roxieh33@gmail.com) )

**Paramus Monday Night 7:45p** ( for Virtual Meeting info, contact [NAellenNJ@gmail.com](mailto:NAellenNJ@gmail.com) )

### TUESDAY:

**Oakhurst Tuesday Morning 11:30a** ( for Virtual Meeting info, contact [tuesdayoakhurst@yahoo.com](mailto:tuesdayoakhurst@yahoo.com) )

**Cherry Hill Tuesday Night 7p** ( for Virtual Meeting info, contact [Kellygo271@gmail.com](mailto:Kellygo271@gmail.com) )

**Pitman Tuesday Night 7p** ( for Virtual Meeting Info, contact [pitmangroup@aol.com](mailto:pitmangroup@aol.com) )

### WEDNESDAY:

**White House Station Wednesday Night 7:30p** ( for Virtual Meeting info, contact [whitehousenaranon@gmail.com](mailto:whitehousenaranon@gmail.com) )

**Paramus Wednesday Night 7:45p** ( for Virtual Meeting info, contact [NAellenNJ@gmail.com](mailto:NAellenNJ@gmail.com) )

## THURSDAY:

**Hamilton Thursday Night 7p** ( for Virtual Meeting info, contact [sbkardos@hotmail.com](mailto:sbkardos@hotmail.com) )

**Voorhees Thursday Night 7p** ( for Virtual Meeting Info, Hybrid contact [couragetochangegroup@yahoo.com](mailto:couragetochangegroup@yahoo.com) )

## FRIDAY:

**East Brunswick Friday Morning 11:00a** ( for Virtual Meeting info, contact [roxieh33@gmail.com](mailto:roxieh33@gmail.com) )

**Old Bridge Friday Night 7:30p (Women Only)** ( for Virtual Meeting info, contact [vlardaro@gmail.com](mailto:vlardaro@gmail.com) )

## SATURDAY:

**Avenel Saturday Night 7:30p** ( for Virtual Meeting info, contact [saturdayserenityNFG@mail.com](mailto:saturdayserenityNFG@mail.com) )

**Freehold - LOSS OF A LOVED ONE 9am (every 4th Saturday) - Saturday Morning** ( for Virtual Meeting info, contact [vlardaro@gmail.com](mailto:vlardaro@gmail.com) )

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### About Posting Announcements:

1. It is the individual meetings' choice whether or not to have a virtual meeting.
2. Meeting Leaders and Subject Matter are decided by the group conscience.
3. Nar-Anon World Service recommends using their suggested meeting format, wherever possible.
4. All virtual meetings should be mindful of all Nar-Anon principles and traditions
5. Meeting GSRs (on the current GSR list) should request an announcement of their Virtual meeting on this website by posting their request to the [click here](#)-Events, Announcements, and Meeting\_Changes FORM (found on the Contact Us tab on this website - <https://naranonofnj.org/contact-us/> ).

Included in the request should be the e-mail of the GSR (or designated meeting host) so meeting members can contact them directly for more information on the virtual meeting (we will post this contact info on this site with your Announcement). Also include the Meeting Name\Venue Location\Address, Time\Date. It is the New Jersey Regional policy not to post direct URL links to virtual meetings due to cybersecurity\phishing and scam concerns.

6. Your NJ Regional Staff will monitor this website & the CONTACT US emails for such requests, and post them after the GSR information on file has been confirmed. We will also post any updates to our policies, as circumstances related to the current situation change. Please address other inquiries to the General Questions [and](#) Website Support area under the Contact Us tab. ( <https://naranonofnj.org/contact-us/> )

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