List of All Virtual Meetings 10-30-2026



As many meetings are virtual, the venue is less important for today.

If you wish to connect Virtually, **Just email the Virtual Meeting host for the connection details.**

SUNDAY:

Freehold Sunday Morning 11a (for Virtual Meeting info, contact FreeholdSunday@gmail.com Newcomers Are Always Welcome

Hamilton Sunday Morning 11a (for Virtual Meeting info, contact drids@aol.com)

Hackettstown Sunday Night 6:30p (for Virtual Meeting info, contact robL@icloud.com)

MONDAY:

Manahawkin Monday Night 7:15p (for Virtual Meeting Info *annie.machotka@gmail.com)*

Matawan Monday Morning 11a (Virtual Contact roxieh33@gmail.com)

Paramus Monday Night 7:45p (for Virtual Meeting info, contact NAellenNJ@gmail.com **)**

TUESDAY:

Cherry Hill Tuesday Night 7p (for Virtual Meeting info, contact Kellygo271@gmail.com)

Pitman Tuesday Night 7p (for Virtual Meeting Info, contact pitmangroup@aol.com)

WEDNESDAY:

White House Station Wednesday Night 7:30p (for Virtual Meeting info, contact whitehousenaranon@gmail.com)

Paramus Wednesday Night 7:45p (for Virtual Meeting info, contact NAellenNJ@gmail.com **)**

THURSDAY:

Hamilton Thursday Night 7p (for Virtual Meeting info, contact sbkardos@hotmail.com)

Voorhees Thursday Night 7p (for Virtual Meeting Info, Hybrid contact courage2changegroup@gmail.com)

FRIDAY:

East Brunswick Friday Morning 11:00a (for Virtual Meeting info, contact roxieh33@gmail.com)

Old Bridge Friday Night 7:30p (Women Only) (for Virtual Meeting info, contact vlardaro@gmail.com)

SATURDAY:

Avenel Saturday Night 7:30p (for Virtual Meeting info, contact saturdayserenityNFG@mail.com)

Freehold - LOSS OF A LOVED ONE 9am (every 4th Saturday) - Saturday Morning (for Virtual Meeting info, contact vlardaro@gmail.com)

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About Posting Announcements:
1. It is the individual meetings' choice whether or not to have a virtual meeting.
2. Meeting Leaders and Subject Matter are decided by the group conscience.
3. Nar-Anon World Service recommends using their suggested meeting format, wherever possible.
4. All virtual meetings should be mindful of all Nar-Anon principles and traditions
5. Meeting GSRs (on the current GSR list) should request an announcement of their Virtual meeting on this website by posting their request to the click here-Events, Announcements, and Meeting Changes FORM (found on the Contact Us tab on this website - https://naranonofnj.org/contact-us/).

Included in the request should be the e-mail of the GSR (or designated meeting host) so meeting members can contact them directly for more information on the virtual meeting (we will post this contact info on this site with your Announcement). Also include the Meeting Name\Venue Location\Address, Time\Date. It is the New Jersey Regional policy not to post direct URL links to virtual meetings due to cybersecurity\phishing and scam concerns.

6. Your NJ Regional Staff will monitor this website & the CONTACT US emails for such requests, and post them after the GSR information on file has been confirmed. We will also post any updates to our policies, as circumstances related to the current situation change. Please address other inquiries to the General Questions and Website Support area under the Contact Us tab. (https://naranonofnj.org/contact-us/)

Go To NAR-ANON of NJ HOME PAGE

EVENTS CALENDAR